

1845 —TITLE—

SUMMER

Safety Tips

Heat Safety

- Stay hydrated throughout the day.
- Wear lightweight clothing and sunscreen (SPF 30+).
- Limit outdoor activity during peak heat.
- Never leave children or pets in vehicles.
- Take breaks in shaded or air-conditioned areas.

Playground Safety

- Supervise children while they play.
- Use age-appropriate playground equipment.
- Check equipment for hot surfaces.
- Teach children to use equipment properly.
- Watch for loose clothing that could snag.

Water Safety

- Never leave children unattended near water.
- Designate a responsible water watcher.
- Learn CPR and basic water rescue skills.
- Use properly fitted life jackets when needed.
- Secure pools with fences and self-latching gates.

Insect Safety

- Use insect repellent when outdoors.
- Wear long sleeves in wooded or grassy areas.
- Check for ticks after outdoor activities.
- Remove standing water to reduce mosquitoes.
- Avoid disturbing bee or wasp nests.

Fireworks Safety

- Attend public fireworks displays when possible.
- Keep a safe distance from fireworks.
- Never allow children to handle fireworks.
- Keep water nearby for emergencies.
- Follow all local laws and restrictions.

Bicycle Safety

- Always wear a properly fitted helmet.
- Obey traffic signs and signals.
- Ride with traffic and stay alert.
- Use lights and reflectors when riding at dusk.
- Inspect brakes and tires before riding.

Boating Safety

- Wear a U.S. Coast Guard-approved life jacket.
- Never operate a boat under the influence.
- Check weather conditions before heading out.
- Carry required safety equipment onboard.
- Share your boating plans with someone ashore.